

Vårdval Stockholm

Better health care

Starting in January 2008, you and everyone else who lives in Stockholm County* can go to the primary care clinic of your choice, regardless of your neighbourhood. Vårdval Stockholm requires money to follow the patient. In other words, your choice decides what payment caregivers receive. Nothing will be harder or more expensive, but it will be easier for you to switch clinics and find the doctor who is right for you.

But Vårdval Stockholm is more than just freedom of choice. It also means paving the way for even better health care with more clinics, shorter waiting times and more innovative thinking. In addition to increasing your choices and the supply of healthcare services, Vårdval Stockholm places new demands on primary care clinics. For instance, they must provide emergency services until 21.00, social workers or psychologists, and ordinary home health services. Furthermore, the elderly should be able to choose a regular geriatric specialist and parents should be able to choose a regular paediatrician.

Vårdval Stockholm gives you the opportunity to have an impact, change things and make a conscious choice. Now you are in charge, and it is up to caregivers to live up to your expectations.

Easy to choose

Vårdval Stockholm gives you the chance to choose a family doctor, child health centre, maternity clinic, foot care specialist and speech therapist. In the future, you will be able to choose other types of care the same way.

If you want to choose, you will need information so that you can compare clinics with each other. That is why we at the Stockholm County Council will be publishing information about when the clinics are open, how easy or difficult it is to reach them by phone and how patients feel that they are being treated. Starting in January 2008, all information will be available at www.vardguiden.se or (in Swedish) by phoning Vårdguiden at 08-320 100.

We examine the people who examine you

All clinics covered by Vårdval Stockholm must first be authorised by us at the Stockholm County Council. It doesn't matter whether the clinics are new or old. The authorisation requirements are high, and a clinic cannot open until it meets them.

The authorisation requirements apply to care provided by either the county council or private caregivers, and we monitor quality on a regular basis. If a clinic does not satisfy the requirements, we withdraw its authorisation.

This is how it works

When you choose a primary care clinic or a child health centre, you pick up a Vårdval form at the one closest to you. You can also order a form (in Swedish) by phoning Vårdguiden at 08-320 100 or downloading it from www.vardguiden.se. Send the form to the clinic you choose. You can also switch clinics online at the Mina vårdkontakter page of Vårdguiden's website.

You don't have to switch

If you are satisfied with your present clinic, you don't have to do anything at all. But feel free to switch whenever and as often as you like. And you always have the right to wait your turn at a clinic if it already is full.

Where to find information

Contact information and anything else you may want to know about the various clinics is available at www.vardguiden.se or (in Swedish) by phoning Vårdguiden at 08-320 100.

All clinics will also be described in Vårdguiden's phone directory, which you will find in your mailbox in early January 2008.

*The municipality of Norrtälje will not be part of Vårdval Stockholm

Choosing or switching to a new family doctor/Val/byte av husläkare

Take the form to the primary care clinic you have chosen. The clinic will contact you if the doctor you have chosen has a waiting list. You must fill in the date and sign the form for your choice to be accepted.

Name/Namn	Personal identity number (10 digits)/Personnummer (10 siffror)
Street address)/Gatuadress	Postal code, city/Postadress

I would like to choose/switch to/Jag väljer/önskar byta till

Family doctor/Husläkare	Primary care clinic/Husläkarmottagning	
Date/Datum	Signature/Namnunderskrift	Daytime phone/Telefon dagtid

Choosing or switching to a new family doctor – minors (under 18)/ Val/byte av husläkare – Barn och ungdom under 18 år

Take the form to the primary care clinic you have chosen. The clinic will contact you if the doctor you have chosen has a waiting list. You must fill in the date and sign the form for your choice to be accepted.

Name of the person who has custody/Vårdnadshavarens namn	Personal identity number (10 digits) of the person who has custody/ Vårdnadshavarens personnr (10 siffror)
Street address/Gatuadress	Postal code, city/Postadress
Name of the minor/Barnets namn	Personal identity number (10 digits) of the minor/Barnets personnummer

On behalf of the minor, I would like to choose/switch to/För barnets räkning väljer/önskar byta till

Family doctor/Husläkare	Primary care clinic/Husläkarmottagning	
Date/Datum	Signature/Vårdnadshavarens namnunderskrift	Daytime phone/Telefon dagtid

Engelska

Choosing or switching to a new child health centre (BVC)/ Val/byte av barnavårdscentral (BVC)

Take the form to the child health centre you have chosen. You must fill in the date and sign the form for your choice to be accepted.

Name of the minor/Barnets namn	Personal identity number (10 digits) of the minor/ Barnets personnummer (10 siffror)
Street address/Gatuadress	Postal code, city/Postadress

I would like to choose/switch to/Jag väljer/önskar byta till

Child health centre/Barnavårdscentralen		
Name of the person who has custody/Vårdnadshavarens namn	Personal identity number (10 digits) of the person who has custody/ Vårdnadshavarens personnr (10 siffror)	
Date/Datum	Signature of the person who has custody/Vårdnadshavarens namnunderskrift	Daytime phone/Telefon dagtid

Engelska